

Tioga County Drug & Alcohol Planning Council

August 9, 2023

1:30 PM

Board Attendance: Malachi Cunningham, John Newell, Saira Olson, Diane Weed, Lisa Wood, Joelle Young

Guest Attendance: Mellissa Parsons, Laurie Roof, Michael Spencer, Colleen Wilbur

Call to Order- Diane called the meeting to order at 1:30 p.m.

Secretary's Report- Diane asked the board to review the minutes as presented for the July 12, 2023 meeting. No discussion or questions. Lisa made a motion to accept the minutes as presented. Malachi seconded. Motion carried.

Business:

First order of business, we need to elect the annual Chair, Vice-Chair, and Secretary. Nominations: Joelle Young for Chair, Lisa for Vice-Chair, and Saira Olson for Secretary. Malachi made a motion to accept the nominations, John seconded. 6 Ayes, 0 Nays, Motion carried.

We have not received any new proposals for Opioid Settlement Dollars. Quick update regarding the Opioid Settlement Dollars: \$30,000 allocated for school counselor and is moving forward, \$20,000 for Meadowlark, \$4,351 for training funds, \$1,712 for Doterra Bags, \$10,000 to DEC(Drug Endangered Children), \$10,000 to the Adventure Motorbike Program(AMP), \$25,000 to Serenity Lodge for a youth, \$18,000 for a part-time CRS through Harbor, \$5,000 towards transportation fees for Harbor, \$3,000 to Overdose Awareness Event through Harbor, and \$1,500 to purchase t-shirts for the Walk For Recovery event. Ending balance: \$11,001.

Diane states that the four building blocks of hope is a preventative intervention measure. I am going to present this to DEC. The four building blocks are: 1. Being in nurturing and supportive relationships with parents, peers, and adults outside of the family. 2. Living, learning, and playing in safe, stable, and equitable environments. 3. Opportunity for engagement and to develop a sense of connectedness. 4. Develop social and emotional competencies. This is something that I would like us to think about as a community for the kids of our county. This is a long-term goal, but it gives us some hope that could break some of the generational repetitive cycles.

There is an Active Parenting Program that is available that I have been looking into. This is a 6-week class, it can be ran as a one-time session, two-time session, or a 6-week session. The training for it to teach is online and it costs \$189 per person. The cost for the entire package that includes 15 trainings is \$900 and includes everything that is needed. This program is interesting because it speaks of brain development, kid's actions and solutions for them, and helps parents provide guidance to their children with handling their emotions. The plan currently is for myself and prevention to take the training. We would like to offer parenting classes once a year in each community and we are hoping to do this through faith-based and community organizations. The SCA would fund this.

The prevention team has some SOR dollars, and we are working on hosting events in the community. Some events we are looking at doing are movie and dinner event, game night, free swim nights at town pools, and a parent's night. This is an opportunity to promote family interaction time and encourage pro-social activities. We are promoting these events through social media.

The SCA has had some changes in staffing. We currently have two D&A caseworkers and we have recently hired a D&A casework supervisor. The supervisor will help oversee the work that the caseworkers are doing.

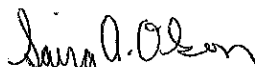
The Walk For Recovery event is approaching quickly. We are looking at several organizations that plan on attending the event. We have received a few donations. Titan Sports has provided t-shirts for us to sell. We will be doing a raffle- Emerge Gift Certificate and a membership to the "Y". The event is on September 9th at The Green in Wellsboro.

Lisa motioned to close the Planning Council meeting; Saira seconded. Meeting Adjourned at 2:05 p.m.

Submitted By:

Diane Weed

Diane Weed
D&A Assistant Administrator



Saira Olson
Secretary