

**Tioga County Drug & Alcohol Planning Council**

**February 14, 2024**

**1:30 PM**

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**Board Attendance:** Malachi Cunningham, John Newell, Saira Olson, Mark Scafidi, Diane Weed, Joelle Young

**Guest Attendance:** Kimberly Jayne, Heather Kreger, Commissioner Shane Nickerson, Mellissa Parsons, Commissioner Marc Rice, Laurie Roof, Michael Spencer, Lyndsey Stiger, Commissioner Sam Vanloon, Colleen Wilbur

**Call to Order-** Joelle called the meeting to order at 1:30 p.m. with the Pledge of Allegiance and a Moment of Silence.

**Secretary's Report-** Diane asked the board to review the minutes as presented for the January 2024 meeting. With the correction of adding John Newell as in attendance, Saira made a motion to accept the minutes. Joelle seconded. 5 ayes, 0 nays. Motion carried.

**Business:**

Diane updated the Planning Council regarding Opioid Settlement Dollars. No new proposals came in since the last meeting and no further information came in regarding those dollars. At the Commissioner's meeting last Tuesday, the contracts were signed to disperse funds to Meadowlark and Harbor Counseling that were approved. Commissioner Nickerson would like to take a closer look at what was allocated with the first round of dollars and then wait to see how much we are receiving in the second round before we start allocating those dollars.

Joelle would like to know the status of movement with Crossroads Counseling certification regarding school-based D&A services? Diane states that Southern Tioga School District responded as interested in those services and I have reached out with the Wellsboro Area School District Superintendent this week.

Commissioner Rice states that in the last dollar allocation, money was set aside for the AMP(Adventure Motorbike Program) and he would like to see that happen again as the program has an impact on our youth. This program was recently back up and running this past year and the program is ran by the County. The amount allocated last year was a fairly small amount. This is a great program for prevention efforts.

Our prevention team partnered with Wellsboro Area School District to host a Cabin Fever night with 600 people in attendance. There were different stations for them to visit and we had informational handouts available. A few weeks later the prevention teamed up with Blossburg Elementary to have a similar event. Both events were successful.

Diane informed the planning council that she and two individuals from the prevention team had attended the CADCA conference in Maryland. There were 4300 people registered from all over the Unites States for this conference. It is a great opportunity to discuss prevention activities, learn new ideas, and find new resources. While there she came across a handbook called Operation Parent that she would like to inquire purchasing and distribute to parents in the County. These handbooks cover vaping, screentime, drug-use, alcohol, and so much more that parents are having to come up against. The handbooks are broken up into age groups- one for elementary school and one for middle school/high school. They also have Christian versions of these handbooks available as well.

Gambling is not something the SCA has focused on a lot in the past. The opportunity has presented itself to write for some dollars regarding gambling. I submitted a request for \$11,000 last month and this will pay the membership fee's for the Pennsylvania Problem Gambling and the National Problem Gambling for myself and the prevention team. I also wrote for information dissemination products. We could write a portion of that to assist in paying for my wages as well.

Diane informs the board that she will begin giving them an overview at each meeting of what the SCA numbers look like the month prior. For January, we had 13 total assessments. Alcohol was the primary drug of choice with heroin and meth a close second. There are different levels of care: Early Intervention, Outpatient Services, Intensive Outpatient, Withdrawal Management/Detox, Inpatient, and Halfway House. We had 2 screen outs and 1 individual was incarcerated with referral not made. These numbers are just those that are coming through the SCA and what we are funding.

We have received paperwork from DDAP stating that we are in compliance in all four phases that they look at. They look at fiscal, case management, contracts, and adherence of manuals. They were here last May and I expect them to be here again in May or June for another review.

Colleen states that Community Care is sponsoring a number of trainings: Pregnancy and SUD, Putting Good Practice To Paper, and Trauma trainings- Substance Use Disorders and Suicide, Adolescent Trauma and Substance Use. BHARP is sponsoring a two-day motivational interviewing individualized planning and a 1-day Harm Reduction within ASAM criteria.

Diane would like to put together a harm reduction awareness kit that we could disperse to EMT's and to the public that would include Narcan, testing strips, needle disposals, and emergency numbers.

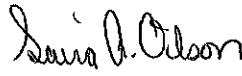
Some things we have coming up: Diane is going to be presenting regarding stigma language to the D&A staff and the Children and Youth staff. I am also collaborating with C&Y to discuss and do trainings regarding recovery. We will open this to the public to attend but it is primarily for staff. We will be begin the planning for A Walk For Recovery in the near future. The YMCA is looking to host a child abuse awareness event for parents and we will be assisting to make this happen. This event will be in April.

Mark Scafidi motioned to close the Planning Council meeting, Malachi seconded. 5 ayes, 0 nays. Meeting Adjourned at 2:10 p.m.

Submitted By:

*Diane Weed*

Diane Weed  
D&A Assistant Administrator

  
Saira Olson  
Secretary